



Redeemer Boys' National School
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Re: Stay Safe Programme

31st May 2021

Dear Parents/Guardians,

Our class teachers will be teaching the **Stay Safe Programme** over the next few weeks. It is part of the **Social, Personal and Health Education (SPHE) curriculum** which all primary schools are *required* to implement.

The aim of the “Stay Safe” programme is to teach children personal safety skills so they can look after themselves in situations which could be upsetting or dangerous. It deals initially with common situations which most children will experience at some stage or other, e.g. getting lost or being bullied. The programme also teaches children the safety skills necessary to protect themselves from physical or sexual abuse and it emphasises the importance of telling a trusted adult about any problems they have.

The following lessons will be covered:

1. Feeling Safe and Unsafe
2. Friendship and Bullying
3. Touches
4. Secrets and Telling
5. Strangers

Co-operation between parents and teachers is essential to the success of this programme. It is important that parents/guardians are aware of the content of the “Stay Safe” lessons and are able to discuss the lessons with their children. Your son may bring home worksheets which will inform you on the topics being covered in class and how you can reinforce the messages at home. It is important that you use these to discuss the content of the lesson with your child. Doing so will give you an insight into what your child is learning, and present an opportunity to discuss the issues involved in a way more personal than is possible in the classroom situation. It also gives you an opportunity to discuss personal safety issues with your child and to explain the safety rules that exist in your family. We feel that it is important that parents/guardians of the pupils in our school are aware of the various aspects of this programme. Detailed information on the Stay Safe Programme can be found on their website: www.staysafe.ie

Yours sincerely,

M. Murray

Principal